

## Contact

[www.linkedin.com/in/alexa-albert-psychoanalyst](http://www.linkedin.com/in/alexa-albert-psychoanalyst) (LinkedIn)  
[www.alexaalbert.com/](http://www.alexaalbert.com/) (Company)

## Top Skills

Psychiatry  
Psychoanalysis  
Psychopharmacology

## Certifications

Certificate in MDMA-Assisted Therapy  
Certificate in Ketamine Assisted Psychotherapy  
Certificate in Psychedelic-Assisted Therapies and Research  
Board-Certified Diplomate, Psychiatry  
Board-Certified Fellow, Adult Psychoanalysis

## Publications

Condom use and breakage among women in a municipal hospital family planning clinic.  
Going my way?  
Prague Naturally: A Current Guide to Nutrition, Recreation, Health Services and the Environment.  
Adolescent pregnancy and sexual abuse.  
Facilitating condom use with clients during commercial sex in Nevada's legal brothels.

# Alexa Albert

Psychoanalyst & Psychiatrist | Author | Researcher  
Seattle, Washington, United States

## Summary

I am currently working as a psychoanalyst and psychiatrist in private practice with a theoretical orientation that is largely relational and intersubjective. Paying particular attention to right brain-to-right brain unconscious affective communication and affect regulation, I work primarily with people who have histories of early relational trauma resulting in attachment disorders that present symptomatically or characterologically. I have developed a specialty in working with narcissistically-organized patients as well as the partners (and ex-partners) and adult children of narcissists.

In addition to my private practice, I am a Consultant and Analyst to Candidates at the Seattle Psychoanalytic Society and Institute (SPSI) and a clinical instructor in the Department of Psychiatry and Behavioral Medicine Sciences at the University of Washington School of Medicine. I have conducted and published multiple clinical and public health studies in the past and I am the author of several first personal narratives including the book Brothel: Mustang Ranch and Its Women.

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## Experience

Self-employed  
Psychiatrist & Psychoanalyst  
2008 - Present (18 years)

Seattle Psychoanalytic Society and Institute  
Clinical Associate  
2008 - 2012 (4 years)  
Seattle, Washington, United States

University of Washington - School of Medicine, Department of Psychiatry and Behavioral Sciences  
Psychiatric Resident (PGY2-PGY4)  
2005 - 2008 (3 years)

Seattle, Washington, United States

### Seattle Children's

Pediatric Intern (PGY1) & Resident (PGY2)

2000 - 2004 (4 years)

Seattle, Washington, United States

### Harvard Medical School Department of Health Care Policy

Research Assistant

1992 - 1993 (1 year)

Boston, Massachusetts, United States

Coordinated an advisory panel of physicians to assess related adverse re-admissions. Analyzed data on the frequency and costs of homecare for persons with AIDS.

### Czech Ministry of Health

Special Assistant to the Minister of Health (Dr. Martin Bojar)

1991 - 1992 (1 year)

Prague, Czech Republic

Introduced all foreign English-speaking delegations to the Czech health care system. Prepared papers, speeches, and international correspondence on behalf of Minister Bojar. Wrote \$22.5 million European Community grant: CSFR Health Sector 1992-1995. Nominated by Minister Bojar to assess tenders submitted by European Community firms for the \$0.5 million project "Health Management & Information Systems Development in CSFR."

### Emory University Family Planning & Human Sexuality Program

Intern

1989 - 1990 (1 year)

Atlanta, Georgia, United States

Acquired patient medical histories and counseled women about family planning options in the Grady Memorial Hospital Family Planning Clinic. Completed the Emory University Master's in Public Health course "Technologies in Contraception." Conducted a retrospective condom breakage study w/Robert A. Hatcher, MD, MPH. Designed a prospective condom breakage study to assess condom use among female prostitutes in Nevada legal brothels; conducted August 1993.

### Streetwork Project

Coro-Exxon Fellow

June 1988 - September 1988 (4 months)

New York City Metropolitan Area

Counseled and distributed condoms to juvenile prostitutes and runaways in Times Square.

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## Education

Harvard Medical School

Doctor of Medicine (MD) · (1994 - 1999)

Harvard University Extension School

Post-Baccalaureate, Premedical Program · (1992 - 1994)

Brown University

Bachelor of Arts (BA), Psychology with Honors · (1986 - 1990)

Lakeside School

· (1980 - 1986)